

CARRAN WATERFIELD

Writer | Theatre-maker | Creative Practitioner

PROFILE

Carran Waterfield is a writer, theatre-maker and creative practitioner working across storytelling, performance, movement-based arts and education. Her practice spans over 40 years of professional work in the UK and internationally, integrating theatre-making, research, teaching and walking-based creative practice.

Her work explores myth, place, memory and narrative through performance, writing and site-responsive creative processes.

BOOKS & WRITING (SELECTED)

Pink Granite (2025) – Finalist, Wishing Shelf Book Awards; Bronze Winner, BookFest Awards

The Brinepoint Colouring Book (2024)

Redhair and Daffodil Friend (2022) – Purple Dragonfly Award Winner

Walking Words - A Walking Companion - Southport (forthcoming)

KEY ROLES & APPOINTMENTS

Artistic Director, Triangle Theatre (UK) (1988–present)

Associate Artist, University of Salford

Honorary Research Fellow, University of Manchester

Artist in Residence, Herbert Art Gallery & Museum, Coventry

Artist in Residence, University of Warwick

Drama & English Teacher, Coventry

Elected Borough Councillor, Sefton Council (2019–2024)

Jury Panel Member, SITFY & DitFest (Egypt & Oman)

AWARDS & RECOGNITION

Fringe First Award (Edinburgh Festival Fringe) – The Dig

Independent Theatre Award Shortlist – The Dig

Best Actress & Outstanding Production (Volgograd Festival) –Married Blitz

Lloyds Bank Theatre Challenge (National Theatre) – Sticks and Stones

Museums and Heritage Award for Best Educational Initiative –Coventry Kids in the Blitz

Roots and Wings Award – Coventry Kids in the Blitz

Best Exhibition on a Small Budget –The Last Women (The Hour of Death)

Screen West Midlands Selection – Dugout!

James Doel Award – Triangle Theatre collaboration

Wishing Shelf Book Awards Finalist – Pink Granite

BookFest Awards Bronze Winner – Pink Granite

Purple Dragonfly Winner – Redhair and Daffodil Friend

SELECTED WORKS

Theatre & Performance

The Dig – Fringe First winning production exploring devised ensemble theatre

Married Blitz – Award winning international touring performance work

Sticks and Stones – Award winning youth theatre and professional collaboration

The Last Women – research-led performance project
Birnam Wood – long-term devised and site-responsive production

Walking / Site-based Performance

Follow the Stone – walking performance across landscape and memory
Disrupted Meadow – site-responsive visual performance work
Little Blue Man – solo ambulatory performance

Research & Collaborative Projects

Poor Theatres (AHRC funded, University of Manchester)
The House – practice-based research project on austerity and lived history
Encounters – National Trust audience engagement project
Coventry Kids in the Blitz – award-winning heritage education project

PUBLICATIONS (SELECTED)

Pink Granite
Redhair and Daffodil Friend
Edited collection contribution – *_Body and Awareness* - Triarchy Press ed. Sandra Reeve
Articles and practice-based research publications across theatre and cultural studies journals

PERFORMANCE & INTERNATIONAL WORK

Carran Waterfield has created and toured work across the UK, Europe, USA, Asia and Australia, presenting in theatres, festivals, museums and academic contexts. Her work integrates performance, community engagement and research-led practice.

TEACHING & HIGHER EDUCATION

University of Salford, University of Manchester, University of Warwick, ALRA North, De Montfort University, University of Northampton
Devised theatre directing, movement training, performance research supervision

TRAINING & INFLUENCES

Odin Teatret (Barba lineage), Grotowski Laboratory, Roy Hart Theatre, Lecoq and Gaulier-influenced physical theatre, Laban-based movement, Sandra Reeve (Move into Life)

CURRENT PRACTICE

Walking-based writing, storytelling and performance projects, including Walking Words - A Walking Companion – Southport. Her current work continues to explore landscape, memory and narrative through site-responsive creative practice.